



# Lunch & Learn

*Please join us*

THURSDAY

24

AUGUST

12:15 P.M.

SILVER LININGS FOR SENIORS

1250 SE Maynard Suite 204

Cary, NC

Sandwiches, Chips, Fruit, Sweet Tea & Cookies Provided

Hosted by:

Silver Linings for Seniors  
& SembraMTM

RSVP

By Evite

Questions?

Megan Niesen

919-421-4965

[Megan@SembraMTM.com](mailto:Megan@SembraMTM.com)



Kristin McArthur, MD

Dr. McArthur graduated from the University of Washington in Seattle for both undergraduate and medical school. She completed her general psychiatry residency at the University of Washington Hospitals and served as chief resident for admissions. After working for a year in general outpatient psychiatry, she completed her fellowship in geriatric psychiatry at the University of Michigan in Ann Arbor. She briefly worked as a clinical instructor at the University of Michigan in outpatient geriatric psychiatry before moving to North Carolina. She is board certified in general and geriatric psychiatry. Interests include care of older patients with dementia, depression, and anxiety; collaborative care models; and telepsychiatry.



## Enriching Senior Living

Learn about Innovative Services for  
NC Residents in the Fields of  
Mental Health Counseling &  
Medication Therapy Management



Jamie O'Neill, Pharm.D.

Dr. O'Neill graduated from the University of Georgia College of Pharmacy in 2008. Her clinical rotations included Geriatric Outpatient, Trauma ICU, Infectious Disease, Operating Room Satellite Pharmacy, and Retail. After several years of working for a chain pharmacy in Atlanta, GA, she moved to Raleigh to start a Medication Therapy Management Company. She is certified by the American Pharmacists Association in Immunizations, Diabetes, and Medication Therapy Management.



Event Info:  
Contact Megan Niesen @ 919-421-4965  
Megan@SembraMTM.com